DISTRESS PERCENT BY PRACTICE ROLE

All Assessments versus First Time Assessments

January 2020/September 2020/September 2021/September 2022
## Distress Percent – Overall and By Role

Since inception (July 2019) through month listed

<table>
<thead>
<tr>
<th>Role</th>
<th>As of January 2020</th>
<th>As of September 2020</th>
<th>As of September 2021</th>
<th>As of September 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>All Assessors</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All Assessments*</td>
<td>35.25%</td>
<td>33.41%</td>
<td>32.12%</td>
<td>32.04%</td>
</tr>
<tr>
<td>n=5363</td>
<td></td>
<td>n=6775</td>
<td>n=7604</td>
<td>n=9010</td>
</tr>
<tr>
<td>1st Time Assessments Only</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pharmacists Only</td>
<td>36.74%</td>
<td>34.54%</td>
<td>33.46%</td>
<td>33.19%</td>
</tr>
<tr>
<td>n=4141</td>
<td></td>
<td>n=5007</td>
<td>n=5512</td>
<td>n=6674</td>
</tr>
<tr>
<td>1st Time Assessments Only</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Student Pharmacists Only</td>
<td>31.39%</td>
<td>28.48%</td>
<td>26.35%</td>
<td>26.36%</td>
</tr>
<tr>
<td>n=923</td>
<td></td>
<td>n=1194</td>
<td>n=1425</td>
<td>n=1646</td>
</tr>
<tr>
<td>1st Time Assessments Only</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pharmacy Technicians Only</td>
<td>45.59%</td>
<td>46.08%</td>
<td>45.32%</td>
<td>48.12%</td>
</tr>
<tr>
<td>n=114</td>
<td></td>
<td>n=366</td>
<td>n=384</td>
<td>n=462</td>
</tr>
<tr>
<td>1st Time Assessments Only</td>
<td>49.12%</td>
<td>48.36%</td>
<td>48.18%</td>
<td>51.95%</td>
</tr>
</tbody>
</table>

* Combination of first-time assessments and reassessments
DISTRESS PERCENT CHANGES
National and District
August 2022 versus September 2022
### Changes in Distress Levels

*As of September 2022*

<table>
<thead>
<tr>
<th>State</th>
<th>Change in Distress % August 2022 vs September 2022</th>
<th>Distress % September 2022</th>
<th>State Rank for Distress Percent September 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Largest Increase in Distress Percent</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>North Dakota</td>
<td>+2.96%</td>
<td>34.78%</td>
<td>19</td>
</tr>
<tr>
<td>Utah</td>
<td>+0.53%</td>
<td>30.53%</td>
<td>39</td>
</tr>
<tr>
<td>Texas</td>
<td>+0.44%</td>
<td>34.38%</td>
<td>22</td>
</tr>
<tr>
<td>North Carolina</td>
<td>+0.43%</td>
<td>38.26%</td>
<td>15</td>
</tr>
<tr>
<td>California</td>
<td>+0.38%</td>
<td>29.37%</td>
<td>44</td>
</tr>
<tr>
<td><strong>Largest Decrease in Distress Percent</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wyoming</td>
<td>-0.72%</td>
<td>16.67%</td>
<td>52</td>
</tr>
<tr>
<td>New Hampshire</td>
<td>-0.66%</td>
<td>47.95%</td>
<td>2</td>
</tr>
<tr>
<td>South Dakota</td>
<td>-0.51%</td>
<td>25.00%</td>
<td>48</td>
</tr>
<tr>
<td>Virginia</td>
<td>-0.47%</td>
<td>44.72%</td>
<td>6</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>-0.45%</td>
<td>34.12%</td>
<td>23</td>
</tr>
<tr>
<td><strong>NATIONAL</strong></td>
<td></td>
<td>32.05%</td>
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</tbody>
</table>
# Changes in Distress Levels – District Five

*As of September 2022*

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</thead>
<tbody>
<tr>
<td>Iowa</td>
<td>-0.13%</td>
<td>29.78%</td>
<td>42</td>
<td>No Change</td>
<td>42</td>
<td>41</td>
<td>41</td>
<td>45</td>
<td>43</td>
<td>44</td>
<td>42</td>
<td>41</td>
<td>41</td>
<td>33</td>
<td>29</td>
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<td></td>
</tr>
<tr>
<td>Minnesota</td>
<td>-0.42%</td>
<td>23.92%</td>
<td>49</td>
<td>-0.29%</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>49</td>
<td>48</td>
<td>49</td>
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</tr>
<tr>
<td>Nebraska</td>
<td>-0.10%</td>
<td>33.43%</td>
<td>28</td>
<td>0.10%</td>
<td>26</td>
<td>26</td>
<td>27</td>
<td>29</td>
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</tr>
<tr>
<td>North Dakota</td>
<td>2.96%</td>
<td>34.78%</td>
<td>19</td>
<td>No Change</td>
<td>32 (T)</td>
<td>32 (T)</td>
<td>31</td>
<td>33 (T)</td>
<td>34 (T)</td>
<td>20</td>
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<td>20</td>
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<td></td>
</tr>
<tr>
<td>South Dakota</td>
<td>-0.51%</td>
<td>25.00%</td>
<td>48</td>
<td>-1.66%</td>
<td>47</td>
<td>47</td>
<td>46</td>
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<td>46</td>
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<td>47</td>
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</tbody>
</table>

*Note: Some historic data from 2020/2021/2022 has been removed to allow space for current month. Refer to previous months’ reports or contact ashaughnessy@aphanet.org for data. (T) = tied with another state*
DISTRESS PERCENT MONTHLY REPORTS
State-Specific
August 2022 versus September 2022
SEPTEMBER 2022
As of September 6, 2022, the Iowa distress percent was 29.78% (ranked 42/52) with 132 assessors.

AUGUST 2022
As of August 6, 2022, the Iowa distress percent was 29.91% (ranked 42/52) with 132 assessors.

STATE COMPARISON
As of September 6, 2022
Nevada is the highest at 59.74% (n=33)
Wyoming has the lowest 16.67% (n=17)

*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.
WELL-BEING INDEX FOR PHARMACY PERSONNEL
STATE DISTRESS PERCENT*

**SEPTEMBER 2022**
As of September 6, 2021, the Minnesota distress percent was 23.92% (ranked 49/52) with 186 assessors.

**AUGUST 2022**
As of August 6, 2021, the Minnesota distress percent was 24.34% (ranked 49/52) with 183 assessors.

**STATE COMPARISON**
As of September 6, 2022
- Nevada is the highest at 59.74% (n=33)
- Wyoming has the lowest 16.67% (n=17)

*Distress Percent is the percentage of individuals with aWell-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.*
**WELL-BEING INDEX FOR PHARMACY PERSONNEL**

**STATE DISTRESS PERCENT**

**SEPTEMBER 2022**
As of September 6, 2022, the Nebraska distress percent was 33.43% (ranked 28/52) with 169 assessors.

**AUGUST 2022**
As of August 6, 2022, the Nebraska distress percent was 33.53% (ranked 26/52) with 169 assessors.

**STATE COMPARISON**
As of September 6, 2022
Nevada is the highest at 59.74% (n=33)
Wyoming has the lowest 16.67% (n=17)

*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.*
**WELL-BEING INDEX FOR PHARMACY PERSONNEL**

**STATE DISTRESS PERCENT**

**SEPTEMBER 2022**
As of September 6, 2022, the North Dakota distress percent was 34.782% (ranked 19/52) with 18 assessors.

**AUGUST 2022**
As of August 6, 2022, the North Dakota distress percent was 31.82% (ranked tied at 32/52) with 18 assessors.

**STATE COMPARISON**
As of September 6, 2022
Nevada is the highest at 59.74% (n=33)
Wyoming has the lowest 16.67% (n=17)

*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.
**Well-Being Index for Pharmacy Personnel**

*State Distress Percent*

**September 2022**
As of September 6, 2022, the South Dakota distress percent was 25.00% (ranked 48/52) with 55 assessors.

**August 2022**
As of August 6, 2022, the South Dakota distress percent was 25.51% (ranked 47/52) with 55 assessors.

**State Comparison**
As of September 6, 2022
Nevada is the highest at 59.74% (n=33)
Wyoming has the lowest 16.67% (n=17)

*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥5. It measures the percent of individuals that are at a high level of distress.*
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Resources are available once you submit your assessment.

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Invitation Code: APhA

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www.pharmacist.com/pwwr

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